

CONCORD FOODS



Peanut Butter Banana Smoothie

SERVINGS: THREE 8OZ SERVINGS

INGREDIENTS:

- 1 package Concord Fresh Success Banana Smoothie Mix
- 2 ripe bananas (sliced)
- 1/3 cup peanut butter
- 1 1/4 cups skim milk
- 1 3/4 cups ice (about 8 large ice cubes)

DIRECTIONS:

- In a blender, add bananas, peanut butter, ice, contents of pouch and milk.
- Blend on high for one minute

