

CONCORD FOODS



Fresh Fruit Salad with Lemon Sherry Dressing

SERVES: 6-8

INGREDIENTS:

- 1/2 cup Concord Foods Lemon Juice
- 1/3 cup sugar
- 1/4 cup Dry Sherry
- 1/4 teaspoon salt
- 2 quarts of fruit (Any combination that is preferred may be used as long as it measures about 2 quarts for the above dressing recipe.)

FRUIT SUGGESTIONS:

- Summer: Strawberries, peaches, blueberries, green grapes, fresh pineapple and melons
- Winter: Apples, pears, oranges and bananas.

DIRECTIONS:

- Add all ingredients together and stir until all sugar is dissolved.
- Chill.
- Thirty minutes prior to serving, add mixture to fruit and toss gently.

